

HISTORY OF THE HUMAN BEING

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THE FORMATION OF THE ARYAN RACE

First Teaching

During the full development of the Atlantean Race, one of its subraces, the Atlantean-Semite, appeared. Its special mission was to gradually form a physiological and mental type which would be fit for forming the Aryan Race.

The Atlantean-Semite subrace began after the Toltec flood, some 850,000 years ago.

This subrace was gradually differentiating itself more and more from the rest of the Atlanteans, acquiring its own characteristic.

After the third great Atlantean flood, some 220,000 years ago, the Atlantean Semites began to welcome among them some prototypes of the future Aryans. And after they were conquered by the Akadians 150,000 years ago, one could say that the true formation of the future Race began. Again and again, more and more beings of this new type were incarnating among the Atlantean Semites.

Manu Savarna, a Solar Initiate who belonged to the fourth Atlantean Root Race, descended among this community in order to crystallize the Mother Idea of an Absolute Divinity with the statement: "Everything is God. The human being is God. Everything emerges from the Divine Source and returns to It." This affirmed the Atlantean Divinity in these beings who were going to establish the race of Aryan humanity.

These Atlantean Semites fled from the Akadians. For many days, Manu Savarna guided them through a large valley along the banks of a great river. By always traveling South-East, they arrived at a splendid land, full of hills and an oases, surrounded by a type of natural wall made of pure coral.

Little by little, this river gradually overflowed into the valley, thereby separating those guided by Manu Savarna from the Akadian land. A great island was formed, called Coral Isle. This was an extraordinary island, owing to its exuberant vegetation and its mild climate.

Presumably, the group led by Savarna moved from today's Australia to the area where New Zealand now lies.

Atlantean migrations always moved from the Northwest to the Southeast, while the invasions moved toward the North.

When the sun broke through the clouds and was seen by the inhabitants of the Atlantean continent, it shone most brightly over Coral Isle.

This Aryan type increased considerably between 150,000 and 120,000, until they were almost half of the island's population.

Of course, the idiosyncratic diversity between the Atlantean Semites and the first Aryans led to very intense civil strife. The physical body of the Aryan predecessors had become extraordinarily beautiful, and this aroused the envy of the older Atlantean type. These struggles caused the first migrations. The Atlanteans of the Aryan type had to search for new lands.

Many islands and islets had formed between the large isle they inhabited and the new continent that was gradually emerging from the waters.

Following this route, they settled in the pre-coastal area of the new continent. This is where New Guinea and Borneo are currently located.

The cycle was ready to be completed. New cosmic forces filled the lands of Southeast Asia with power. The Great Initiates of the Aryan Race prepared themselves to descend and guide the chosen ones to their new dwellings.

Some 118,765 years ago (dated from 1937 in the Gregorian calendar), Manu Vaivasvata incarnated among human beings to select the Aryans and found the first Aryan subrace, the "Ario-Aryan."

THE ARIO-ARYAN SUBRACE

Second Teaching

Asia was the first land that the Aryan human beings were destined to explore. It rose up amid coral plateaus and untrodden rocks. It was adorned with exuberant, yet gloomy, vegetation and crowned by the highest mountains. These were a sign of enigma and mystery to those who were to conquer it.

This land proudly lifted its crests upward, as if challenging the sky. This would lead human beings to worship and venerate it.

Mongolian Atlanteans lived in colonies in some parts of Asia, above all in the parts surrounded by the sea, on large islands; but the center of the continent was completely uninhabited.

Manu Vaivasvata, the first Great Solar Initiate of the Aryan Race, descended to Coral Isle to guide the new Race in the conquest of this mysterious continent.

Over the centuries, this extraordinary human being was transformed into a symbol, an idea. But he truly lived in a physical body among the first Aryans.

At an early age, he abandoned the Atlantean land and set off for the edges of the new continent. He remained there until old age—educating, passing laws and organizing a thousand young people to become the leaders of the fantastic expedition he planned to undertake.

From among these thousand followers, he chose ten young people who were exceptional in their spiritual standing to be his direct representatives: Marichi, Atri, Pulastya, Pulaka, Angryas, Kardama, Dakcha, Vashishia, Bhrigu and Narada.

When he was 114 years old, Manu Vaivasvata—white beard highlighting his tanned face—began the great journey.

The Aryans were divided into ten large groups before they began their journey. Each lunar month, a group set off. A Rishi or Sage guided each group, which in turn was divided into one-hundred subgroups. Each subgroup had one thousand members and was guided by someone from the chosen group. Thus, a million Aryans followed Manu Vaivasvata. He himself traveled in Sage Marichi's group, and was served by him in all things.

These early Aryans did not have the physical appearance of today's human being, although they were very similar. They were taller than six feet, with a large, flat skull. Their eyes were small, their ears large, and their noses big and flat. Their muscular arms and legs were well-

proportioned, but not very strong. Their complexion was rather dark, and their hair straight and long. They spoke a synthetic type of language called Arypal.

In carrying out such a large migration into an unknown land, Manu Vaivasvata thought that the Aryans would be able to periodically return to organize other expeditions, until the whole population would be relocated to the pre-coastal area of the new land. Their former territory was becoming increasingly swampy, unhealthy and hot. And it was constantly attacked by the Atlanteans.

Not even Manu knew the glorious and tragic destiny of his chosen ones.

That is why the sign of Aries is represented by a goat with its head turned backwards, looking towards the point it left behind. It is as if it left its heart there also.

The caravans moved on through frightening difficulties, encountering marshes, swamps and unknown wild animals.

They crossed the islands which were located in present-day Southern China and entered Asia through Indochina. They crossed the rocky and desolate areas of Thailand and Burma and arrived at the foothills of the Himalayas.

In his heavenly visions, Manu Vaivasvata had seen the Great Temple, a chain of very high mountains. The Divine Voice had told him that the Promised Land lay beyond those mountains.

That is why they skirted the edges of the Himalayas looking for a pass. This happened 118,765 years ago (dated from 1937 in the Gregorian calendar).

Up to that point, few lives had been lost. But when the ten groups tried to cross the Himalayas, this temperate period was followed by a glacial one.

The pass they penetrated was closed off by horrific snowstorms. They futilely sought a way out. They were decimated by cold, hunger and lack of resistance.

The Aryans cried out to Manu to return to their homeland. But all was in vain.

Those who survived skirted along the edge of the Himalayas, always searching for some way out. They went along the borders of the Kunlun Mountains until they reached Altyn-Tagh. From there, they could see Turkestan, with its immense mountains called "The Dwelling Place of the Gods". And from there, a marvelous land spread out before them, a true Promised Land. At its center there was a sea, where the Gobi Desert is now located.

Manu Vaivasvata sang the Hymn of his Freedom there.

He told his ten Sages, who had survived, to send their groups of human beings out to conquer these lands.

Accompanied by a few faithful ones, Manu climbed the Sacred Mountain of the Gods.

This migration lasted for 77 years.

Meanwhile, a curious phenomenon occurred in the human beings' bodies. Their dark hair became white, either due to the violent change in climate or for emotional reasons.

This was a sign that the hair and skin color would completely change, as happened in the following millennium.

During this period, the Ario-Aryans conquered Mongolia, Chinese Turkestan, and Tibet. They uprooted, destroyed or assimilated the Mongolian-Atlantean colonies. They made themselves absolute masters of these regions that lay at the heart of Asia.

THE RETURN OF THE SONS OF MANU

Third Teaching

The ten Tribes assumed the name of the Sage that guided them.

The Marichi Tribe remained in Tibet.

The Atri, Pulastya and Pulaka Tribes settled in various parts of Mongolia.

The Angryas, Kardama and Dakcha Tribes populated Chinese Turkestan.

The Vashishia went into Russian Turkestan.

The Bhrigu Tribe settled in Afghanistan and Narada's in Kasmir.

The Ario-Aryan's migratory dispersion was carried out slowly, and thousands of years passed before the Tribes established themselves in their respective areas.

During these millennia, human beings changed completely and definitively. Their sense of smell developed. Their height decreased and their complexion and hair color became lighter, especially in the Vashishia Tribe. Their eye color also changed.

For centuries, they had lived in a snow-covered land. They had to struggle against hunger and cold, conquering this land inch by inch, and forcing it open. That's how they learned to love it.

Their life treasure lay sleeping beneath a white sheet. This was the first symbol of their Divinity: the White Goddess, the Sleeping Mother, Nature hiding its treasures.

After the previously mentioned glacial period of migration, the seasons became mild again. The Earth dried out and furrowed, thus forming great folds which were natural barriers between these peoples.

The language transformed. Arypal was preserved only by the Marichi Tribe as a much-changed priestly language, called Zenzar.

The other Tribes spoke different languages. Only Sanskrit is left as a remnant.

Although the Tribes definitively separated, they kept a common cult: the worship of fire and the cult of Nature.

The divine and human cult was already infiltrating them.

The cult of fire—an element that they worked so hard to obtain—reminded them of their homeland, as if they were in a dream. Their ancestors immigrated from that hot land where

erupting volcanoes spewed fire, and the forests burned for months as they were devastated by voracious conflagrations.

They also remembered their divine origins through their memory of Manu Vaivasvata, the old giant with the tanned visage who carried the fire in his hands.

From the beginning, these people constantly fought among themselves. It can be asserted that four Tribes triumphed definitively: Marichi's, Atri's, Vashishia's and Narada's.

But Narada's Tribe prevailed and spread over all of India. It conquered the inhabitants of Afghanistan, members of Bhrigu's Tribe, and fought with Atri's Tribe, which had conquered the North.

But their glorious destiny was something else: returning to conquer the land they had set off from.

NARADA

Fourth Teaching

The Vashishia Tribe had abandoned the Sacred Land, attracted by the mystery of the great deserts and forests, and the gorges of the great mountains that they saw on the horizon.

This Tribe was going to hide away for millennia, searching for Northern Asia, skirting the Caucasus and penetrating Europe. These areas were not yet fully shaped by human life and awaited the fruits of human effort.

However, the conquerors would be the Narada Tribe. They were warriors who had headed towards the South and vanquished the strong Tribes of their brothers. They were destined to conquer and intermix with the last remnants of the Atlanteans and establish the second subrace, the Ario-Semite.

The land they conquered was extraordinarily beautiful and fertile. It was called the Five Rivers (Kashmir).

The Naradans remained there for many years, believing that they had reached the end of the earth. But again and again, many gigantic black gods appeared among them. They looked like their own god, Manu Vaivasvata. These gods appeared on the mountains' crest. Using an aerial weapon—a type of deadly ray—they destroyed the lands and cities of the Naradans, who had achieved an advanced civilization.

The Naradans had forgotten that these Atlanteans were their real ancestors, and they mistook them for angry gods.

Meanwhile, other enemies, the Bhrihu Tribe, who were refugees in the mountains of Afghanistan, continually harassed Narada's early colonies. But the Narada Tribe was helped by Great Initiates, and they were able to fight, strengthen themselves, and become the masters of all central Asia.

The Great Initiates had taught the Sacrifices to the Aryans. These Sacrifices were accompanied by chants from which the Vedas were derived. They were recited in chorus and produced a great etheric force through their extraordinary vibration. The Aryans noticed how the attempts of the black hords were paralyzed when they heard these chants.

One magnetic force was neutralized by another.

Having mastered this power, they began to no longer fear the black descendants of the Atlanteans, who had been the types from which the Aryan human beings were formed. They

saw that they could defeat them because they had greater dexterity, ability and mastery over balance.

Early victories led to a thirst for conquest. As was the custom, groups of humans guided by Priests, Initiate soldiers, began the road to conquest.

Time and again, the first groups failed. But finally, traveling along the northern foothills of the Himalayas, they found a pass. Afterwards, they went down through Burma and Indochina, which were swampy at that time. The black groups lived on large islands, further Southeast of these swamps and marshes. They were entrenched behind these bogs in caves protected by very high palm trees.

The vegetation was so lush that it created actual tunnels whose roofs were formed of vines that didn't allow one to see the sky. The ground was swampy and infested with reptiles. These animals harmed the Aryans. But the Atlanteans did not fear them because their blood contained a chemical that served as an antidote, protecting them from the effects of their bites.

Year after year, Narada's children tried to conquer this land. Each failure was an incentive which encouraged these new humans to conquer Ravadan's people.

They deepened their knowledge of these strange lands and learned how to avoid the dangers that surrounded them. They became skilled in killing reptiles and taming the large monkeys which swarmed everywhere.

But the real victory which marked the beginning of the Ario-Semite subrace took place some 100,000 years ago. Thus, the Ario-Aryan subrace lasted some 18,800 years.

THE FORMATION OF THE ARIO-SEMITE SUBRACE

Fifth Teaching

When Manu Vaivasvata's Tribes abandoned the pre-coastal lands of Southeast Asia, they left a people there who were rapidly losing the Atlantean characteristics.

These people had to be prepared to belong to the Aryan Race and be founders of the second subrace, the Ario-Semite.

With this purpose, they were guided by a Solar Initiate of the First Category. This Initiate has gone down in history, in different Geneses, with the name Noah or Nue.

These people endured great difficulties of a climatic nature.

The ocean was constantly encroaching on the islands and the pre-coastal area where they had built their cities and established their ports. At the same time, the swamps which lay between the rocks of Burma and Indochina were gradually drying out.

However, during the glacial period that closed the pass and prevented the return of those who migrated to Tibet, the climate settled into one of extremes of high heat and intense cold. This helped to form a fertilizing layer on the land.

These people retained the traditions of Atlantean wisdom by word of mouth. But they did not express their Idea in any graphic form. Nevertheless, they were able to develop a civilization that was far superior to that of the Ario-Aryans.

During the period of Narada's invasion, these people had degenerated to a great degree, even though they maintained the prestige and riches of their magnificent past.

They were very tall, with a height of about six feet. Their complexion was dark and shiny, their hair, long and straight, and their faces, flat with prominent cheekbones. Their expression was one of great indifference and evident malice.

Their feet were flat, and they walked clumsily. The youth supported themselves on their war lances and the elders, on canes.

They had a fence of mountains and exuberant vegetation on the borders of their territories. These served as a defense. But little by little, the Narada Tribe completely and definitively conquered them.

The Ario-Aryans cleverly destroyed only a third of these humans. They preserved the rest to learn their art, religion and science.

The Ario-Aryans intermixed with these Atlantean descendants, and the purely indigenous groups disappeared on their own. Thus, there remained a completely new type.

The Ario-Aryans who invaded this land would also disappear and a new completely Aryan human would appear, but with a dark complexion: the Ario-Semite subrace.

THE SEVEN BRANCHES OF THE ORIGINAL ARYAN RACE

Sixth Teaching

The Ario-Aryans from Marichi's Tribe who did not set out on the conquest of the pre-coastal area took on some characteristics that became more pronounced in the period between the end of the first subrace and the beginning of the second.

They lived in Tibet and the area surrounding the Gobi Sea. Later, they were definitively absorbed by the Ario-Iranians.

The Ario-Aryan groups from Atri's Tribe, who lived in Mongolia, extended their realm as far as the Caspian Sea—which was much larger then than it is now—and northwards to the shores of the Frozen Sea, present-day Siberia.

However, Atri's Tribe remained almost hidden during the second subrace, and those who did not intermix with Vashishia's Tribe were eventually absorbed by the Ario-Iranians.

The Ario-Aryans from Narada's Tribe migrated towards the South. They mixed with the pure Atlanteans and formed the Ario-Semite subrace.

The Ario-Aryan groups from Vashishia's Tribe migrated towards the North. They sailed along the shore of the Frozen Sea and headed for an island located approximately where present-day Central Europe lies. They remained hidden and unknown to the Ario-Semites.

A group of these Ario-Aryans from Vashishia's Tribe migrated and crossed the island of Ruta, separated from Central America only by a channel. They destroyed the Atlantean settlements and intermixed with the remaining Atlanteans, forming a new indigenous type which was later absorbed by the Ario-Iranians.

Another group from Vashishia's Tribe migrated towards the South. They crossed the large islands where Central Africa lies today and reached Southern Africa. They tried to destroy the Atlanteans, but in doing so, they were also destroyed. Only a small, predominantly Atlantean, colony remained.

The other part of the continent was inhabited by the Mongolian Atlanteans.

These seven branches can be classified as follows:

- | | |
|--------|------------------------------|
| BLACK | Mongolian Atlanteans |
| BROWN | Ario-Aryans, Narada's Tribe |
| BRONZE | Ario-Aryans, Marichi's Tribe |

YELLOW	Ario-Arians, Atri's Tribe
RED	Ario-Aryans, Vashishia's Tribe, those who migrated to America
DARK	Ario-Aryans, Vashishia's Tribe, who migrated to Africa
WHITE	Ario-Aryans, Vashishia's Tribe, who remained in Europe.

THE ARIO-SEMITE SUBRACE

Seventh Teaching

The Ario-Semite subrace began 100,000 years ago.

These people saw how the earth was disappearing from beneath their feet because the ocean was rapidly eating away at the Atlantean islands.

Guided by the Great Initiates, the Ario-Semites were relatively peaceful. They spread all along the whole coast of the Pacific Ocean, establishing colonies and draining the swampy territories.

These lands were extraordinarily fertile. The Ario-Semites were able to receive wheat seeds from their Instructors and plant them with the best results.

They gradually became agrarian. They were no longer fighting constantly, but only sporadically, when some neighboring tribe tried to overwhelm them.

Their weather was relatively mild, and they were completely separated from the ancient Ario-Aryan tribes.

Through contact with Nature and the earth, and by having a more stable life, their physical body was becoming noticeably more beautiful. They were slender, with dark, lustrous complexion, big black eyes and high cheekbones. Their features were generally pleasing.

Teeth underwent a fundamental change during the Ario-Semite subrace. The Ario-Aryan prognathism was transformed, leaving the incisors in a vertical position, similar to present day.

Their hands also changed. The three middle fingers used to be the same size. During this period, the middle finger was the only longer one.

The abdomen changed too. It had been overly bulky because of the large quantity of food these people ate. Later, it became more proportionate in relation to their bodies.

Wheat was Heaven's blessing upon the earth.

Bread changed some instincts. The human's completely savage instincts turned into desires for stability and gentleness.

The transmission of wheat from the Superior Planes to the Earth happened like this: the Great Initiates announced the coming of a new food that would bring an end to the tremendous death toll that the unhealthy air of the swamps brought to the region.

For many days, huge electrical storms discharged upon the earth. The rays perforated the earth, leaving a metallic footprint everywhere. Over time, these electrical discharges created empty spaces that were hermetically sealed by an unknown chemical element which enclosed within it the base of another chemical element. When the exterior part decomposed, the wheat seed was formed when it contacted the earth.

When these rays left their metallic footprint in perforations made in the earth, it is correct to think that these high voltages created mutual discharges between the clouds and the earth's minerals to which they were attracted and vice versa. These were the forces destined to transmute the metallic atoms into a grouping of elements which composed molecules of great mass, probably of a protein type. Since these types already existed on the planet in the composition of living beings, this new creation occurred because it was to give rise to a genus with its own characteristics.

We can surmise that when these new elements formed a spherical and isolated shell around these new atoms, with a void in between, a more localized electro-magnetic system, with subtle and constant energies, was formed. The objective was to group these proteins in order to manifest creative and assimilative forces.

When the process reached maturation, the useless shell broke open, and the presumed element came in contact with the substances common in the earth and with the corresponding energies. Thus, a new adaptation to the environment caused a cell with individuality and autonomy to be born, a germinative cell of a new plant: wheat, the gods' plant.

The Initiates taught the Ario-Semites how to select these seeds and they developed a larger plant, similar to today's wheat.

For many generations, the Ario-Semites planted only wheat because they had the mission of handing down this treasure to subsequent subraces.

There were two types at the end of the Ario-Semite subrace: the black complexioned group and the white.

The beautiful brown type that was formed when Ario-Semites contacted the Ario-Aryans was disappearing. The Mongolian Atlanteans were infiltrating and intermixing more and more with the Ario-Semites, who were becoming darker. There were many wars among them.

The black complexioned group developed greater strength and devastated the lands of the brown group. The latter were forced to flee to India. They annihilated those living there and took over their lands. They carried the standard of their civilization—wheat, their sacred symbol.

The blacks were more war-like and powerful. They would form the Ario-Iranian subrace.

THE TOWER OF BABEL

Eighth Teaching

The fourth and final sinking of Atlantis occurred 87,000 years ago, when the Ario-Semite subrace dominated.

The Ario-Semites had turned from farmers into a strong and powerful people. They began to be assimilated by the Atlanteans. The Ario-Semites founded mighty cities, although they did not do the work.

They took Atlanteans as slaves and made them work under their supervision. The Atlanteans used their height and strength, and the Ario-Semites, their intelligence.

In the center of their cities, they erected immense pyramids, huge towers that seemed to challenge the sky.

They wrote the history of the universe, of human beings and of the humans to come in the design and size of these gigantic monuments, using signs, measures and lines. By comparison, they dwarf the pyramids of Egypt.

However, the Ario-Semites were attracted by the Atlanteans' strong animal magnetism and engaged in constant promiscuity. Thus, they became infected with the Atlanteans' diseases, ambitions and black arts.

This civilization's power reached a point where these humans began to believe that they were God-like. They thought that their pyramidal temples would challenge Heaven because they contained all its wisdom. This is how Ario-Semites allowed themselves to be dragged along and assimilated by the Mongolian Atlanteans.

They corrupted their sacred language and began to use the Atlanteans' monosyllabic and guttural language. Thus, different languages were formed.

But the time had come for Atlantis to definitively disappear beneath the waters, and the fourth flood took place.

Day after day, it rained torrentially on the land, and the raging sea rose like a monster to swallow it. For forty years, there were continuous floodings, submersions and atmospheric changes.

The Great Initiates led the people to the protected lands that they knew were promised for the new subrace.

The Aryans from Vashishia's Tribe in South Africa perished. The ocean separated those in America from the rest of the continent, and they were eventually absorbed by the Ario-Iranians.

Marichi's and Narada's Tribes were almost completely wiped out by the waters that descended from the Himalayas. They were later absorbed by the Ario-Iranians. Atri's Tribe remained almost hidden. But they, in turn, were also absorbed by the Ario-Iranians. Vashishia's Tribe remained unscathed in Europe. They bided their time.

The Ario-Semites were very weakened after the Great Flood. Little by little, they were absorbed by the Atlanteans. Ultimately, they formed a new type of human: an Aryan with black complexion.

These black Ario-Semites harassed the remaining Ario-Semites. Other Ario-Semites struggled with the last Ario-Aryans, who were gradually disappearing.

The fertility of the fields had been destroyed by weather damage and changes caused by the Earth's seismic movements. But humans carried the wheat seed with them, planted it and taught those they conquered to cultivate it until the coming of the Ario-Iranian subrace.

THE ARIO-IRANIAN SUBRACE

Ninth Teaching

Before the fourth great Atlantean flood, the hydrographic systems of the continents and islands, with respect to lakes as well as rivers, were very limited.

There were no freshwater lakes. Those which existed were great swamps that were salty due to their connection with the ocean.

The rivers were very short, either because they flowed into the sea near to their source or because their waters were absorbed into the earth. It can be assumed that these characteristics were due primarily to the permeability of the earth. The succession of very high and very low temperatures triggered a cracking of the soil, which prevented the water from gathering on the surface.

The fourth great flood brought about a fundamental change. It is likely that the continuous rains gave rise to a less extreme climate. In addition, another factor may have contributed to the impermeability of the earth, perhaps the dragging and deposit of great quantities of organic matter, especially algae.

The fact is that, from then on, large freshwater lakes formed. They were composed of rainwater or spring water which gathered in depressions without being absorbed. The first great rivers also appeared when, seeking level ground, the waters found a pathway for spilling over the surrounding heights, forming the first great river courses.

Meanwhile, the Ario-Iranian subrace was gestating. Its definitive appearance occurred 75,000 years ago.

These black Ario-Iranians were warlike and savage. They devastated all civilizations in their path. They only respected wild animals. They were the first to use them in the service of human beings and the cultivation of wheat.

They conquered present-day India and definitively absorbed the descendants of Narada's Tribe, as well as those of Marichi and Atri.

Starting from India, they continued with their conquests. They followed the river courses which the waters had opened like great furrows in the land.

Leaving India, a column of Ario-Iranians traveled along the Persian Gulf. They used rafts and crossed the sea where present-day Arabia is located until they reached an island where Egypt now lies. They followed the coast of the sea to the South, the Sahara Desert of today, to a

latitude that now approximately corresponds to Mozambique. The waters that would form the future Nile River were already descending from the Ethiopian mountains.

A second column followed a route similar to that of Vashishia's Tribe. They crossed the islands that were still left in the Atlantic, though these were gradually sinking. They reached America, where they completely took over the Ario-Aryans. They primarily established themselves in the area that is now watered by the Colorado River Basin in the United States.

A third column followed the valley of a great river, called Haneioc, which many centuries later would divide into the current Tigris and Euphrates Rivers. They controlled the region of present-day Mesopotamia.

The fourth Ario-Iranian column, called the unfortunate or failed, set off for some great mountains, possibly in the region of the current Volga and Don Rivers basins. But they were immediately conquered by those from Vashishia's Tribe who had preserved the purity of their race. The Ario-Iranians were reduced to slavery, and over the course of two thousand years, they permanently disappeared.

The fifth Ario-Iranian column was the largest and most powerful. They set off from present-day India towards the Northeast, until they reached the Gobi Sea. They sailed South, East and North along its shores. They ultimately established themselves towards the Northwest of the sea, where Chinese Turkestan is now located. This was a virgin land that had recently emerged at the banks of a river that flowed toward the Frozen Sea in the North. This river basin is now watered by the Yenisei River and its tributaries.

THE GRANDEUR AND POWER OF THE ARIO-IRANIANS

Tenth Teaching

The Ario-Iranians scattered in different directions and, after a millennium, controlled all the world known to them.

The Atlanteans had definitively disappeared from the continent. They lived on the two large islands remaining from the continent that had submerged in the middle of the Atlantic. For Ario-Iranian people, the Atlanteans were like myths, rather than beings who had really existed. But with more land submerging, the Atlanteans would be forced to seek new territories, ones already occupied by the Aryans.

The Ario-Iranian columns that conquered the lands which would later be Egypt, and those who occupied the Haneioc basin, were now established in these areas. However, the Ario-Iranians who lived in the present-day Yenisei basin harassed these settlements and later conquered them. Yet, these invaders had no contact with the Ario-Iranians who died out in the present Volga River basin, nor with those who went to America.

Meanwhile, the Ario-Iranians from the Yenisei basin grew extraordinarily in strength and power. They possessed the Atlanteans' cleverness and the Arians' physical-cerebral strength. They were tall, well proportioned, and long-haired—a symbol of strength for them. They were fast, slender and bold. Their faces were not beautiful. Their noses were flat, their eyes oval, their complexion black and they always wore a malicious smile.

They were endowed with considerable cold blood and extraordinary courage. In war, they used large wooden spears with black stone tips and enormous wooden clubs, hardened in sea water. They did not stop fighting until they had destroyed their enemy. They fought hand to hand like wild beasts. They had long, very sharp teeth that they dug into their opponents' skulls. They only wore loincloths made of plant fibers.

They always lived militarized. And, unlike the Ario-Aryans and the Ario-Semites, they chose their kings from among the bravest generals, rather than from a specific dynasty.

Accustomed to cold weather, they built huge stone cities, adding dwellings as need arose. The result was a large mass of stone that sometimes became an unassailable fortress. The military was divided into two large groups—the old and the young. The latter formed the reserve and defended the farmlands and the cities. Wars were constant and the male occupation par excellence. Women were in sole charge of cultivating the land.

They possessed a special skill in domesticating wild animals. They rode very hefty white elephants with short trunks. They painted them black during warfare.

They had no temples or cult per se. They worshipped the fire that they kept constantly burning in the center of their cities and homes. The women who tended these fires were considered holy and privileged. During the great solemnities, only these virgin priestesses had the right to dance in the presence of the soldiers. The soldiers had the privilege of dancing apart, among themselves.

Their writing consisted of hand or other body parts printed on plants.

War was the lifeblood of these humans. That is why they launched themselves into great conquests under the leadership of different Great Initiates, who were true leaders.

In the places they invaded, they destroyed not only people, but cities as well. However, they preserved crops and animals.

Halfway through the subrace, these Ario-Iranians invaded the Haneioc basin, permanently conquering it. Later, they invaded present-day Egypt. But they gradually forgot their homeland and ancestors because this region was very far from their place of origin.

Some previously settled Ario-Semite colonies were able to escape the disaster and began mixing with the Ario-Iranians. Thus, they sowed the first seed of that extraordinary people who, during the Ario-Teutonic subrace, would be the Egyptians.

THE FORMATION OF THE ARIO-CELTIC SUBRACE

Eleventh Teaching

The Ario-Iranians who occupied the area which currently fills the Yenisei Basin traveled along the coast of the Frozen Sea and later went down to the Haneioc River area and subdued and devastated its people.

An Ario-Iranian colony that had settled there emigrated towards the Northwest, establishing themselves in a land where the present-day Mediterranean Sea lies. They also spread out far to the North, since their remains can be found in the mountainous regions of Scotland and Vasconia, as well as Sicily and Calabria.

This whole land was surrounded by inactive volcanoes, like a great amphitheater. It was bordered in the North by the Frozen Sea, and in the East by a great river that separated it from the Haneioc region.

The present-day Mediterranean area was an alluvial land. It was very fertile and had a mild and variable climate, which allowed its inhabitants to have large harvests and abundant grass for their animals.

But a noteworthy climate change, accompanied by intense seismic phenomena, occurred 57,000 years ago.

The volcanoes entered an active period. At the beginning, they ejected great quantities of ash that darkened the sky for weeks. Afterwards, the craters vomited fire. And, finally, great rivers of lava flowed down their sides. This dragged everything with it. This was accompanied by intense seismic movements which opened the basin of the great eastern river. This also allowed the waters of the Frozen Sea to invade the fertile plain.

Millions of inhabitants perished. Some were saved by fleeing to the mountains.

When this convulsive period was over, the fertile land became a sea which would later become today's Mediterranean. However, this sea was dotted with beautiful and fertile islands.

The few survivors began a new life of constant struggle against the sea and nature.

The remaining Ario-Iranians, dominated and almost completely destroyed by nature, were destined to be the bud of the Ario-Celtic subrace.

THE ARIO-CELTIC SUBRACE

Twelfth Teaching

The Ario-Celtic subrace was born in the current Mediterranean basin 50,000 years ago.

This territory looked different from how it does now. It was truly wonderful. The sea was surrounded by very high mountains and hermetically sealed, except for a small strait which connected it to the Frozen Sea, presumably in the region of present-day Macedonia. It was like a great amphitheater with fertile valleys of alluvial lands at the foot of the high mountains.

The sea was dotted with many islands. The main ones were three: Serg, which encompassed present-day Corsica and Sardinia; Penelpon, a very large island, approximately located where current Greece lies and separated from Macedonia by a great river, and Eterias, which would later be Etruria. All these islands were fertile and beautiful.

Due to their geographical location, the Ario-Celtic people were very far from the Ario-Iranians, and they didn't know about the Atlanteans, who by then were hidden on their large island in the middle of the Atlantic.

A divine destiny was reserved for this subrace: sowing peace and prosperity and elevating the mind to a high rational position, so that the bridge between instinct and intuition became a free passageway for the soul.

The Ario-Celtics developed an extraordinary, indescribable civilization.

For them, religion was the art of cultivating beauty and the gift of thinking and analyzing thoughts.

Their cities were very beautiful, and the first to be planned with diagonal layouts. Each house had a small park and comforts completely unknown today: thermal baths, marble-covered devices for using the sunrays to stay healthy, and aerated seats made of plant fiber.

Halfway through this subrace, their intellectual progress was such that the different peoples settled their disputes through discursive wars. They had no monarchs, nor did they abide by a system of marriage. They were ruled by a senate of 72 elders and by a group of younger leaders, who could be called deputies.

Physically, their height was similar to that of humans today, since they were between 1.80 and 1.90 m. tall. They were beautiful, with an oval face; blonde, brown or black hair; a broad forehead; a long, aquiline nose, and a distinguished bearing.

Their life was so meticulous and their diet so orderly that they had a perfect glandular function. They kept their youthful appearance until an advanced age.

When the population grew too large, the elders offered themselves to the fire so that the young could enjoy the advantages of a smaller community. They did this as a sacred act, after drinking an anesthetic liquor.

But this subrace's most remarkable feature was that they tried to conquer the closer Ario-Iranians by flooding their lands instead of by war. This is why this subrace was called "the one which tried to form a sea."

They built a long embankment in the northern part of the present Black Sea, which was connected to the Frozen Sea by a strait. They dammed up its waters and then discharged them into the valley occupied by the Ario-Iranians, the present Caspian Sea. However, over the years, the region dried up and the lands lost their fertility. Over time, nature took advantage of human work. Due to the rains and the overflow of the sea, a large lake was formed there, and the embankment gave way. The Black Sea waters spilled in and joined with the waters of the Penelpon Lake, thus forming the present Black Sea.

THE END OF THE ARIO-CELTIC SUBRACE

Thirteenth Teaching

The Ario-Celtics were few in number. And yet they were able to fulfill the mission of being progenitors of the subsequent subrace because of the physical characteristics of the land they inhabited, a land surrounded by very high volcanic mountains.

But in this subrace's final stages, everything—Nature and the Ario-Iranian subrace—seemed to have reached an agreement on its total destruction.

What is today the Mediterranean Sea was extremely turbulent. Its storms flooded and submerged part of the lands, leaving other new lands uncovered.

The northern part of Eterias Island remained connected to the continent, and a new island emerged where present-day Sicily is located. Another marvelous island emerged where Greece is located today.

The Ario-Celtics' skillful tactics pushed the Ario-Iranians towards the East. Even though the Ario-Celtics were fewer in number, they were formidable in every type of thinking and managing.

But when the sea breached the mountains, it allowed water to invade the Ario-Celtics' lands. The Ario-Iranians followed suit, entering upon a bloody struggle.

This happened during the gradual submersion of the islands in the middle of the Atlantic that were occupied by the Atlanteans, forcing them to seek other lands. Some of their tribes encountered the Ario-Iranians and Ario-Celtics, whom they terrorized because these subraces thought the Atlanteans were extinct.

These gigantic black Atlanteans were seen as avenging demons. They spread panic among the peoples.

However, the climate proved harmful to the Atlanteans and, once again, they sought refuge on the islands to the west.

This appearance of Atlanteans led to a truce between the Ario-Celtics and the Ario-Iranians. But as soon as the Atlanteans retreated, the war reintensified.

Meanwhile, on the shores of the Ario-Celtic islands, an intricate web of canals and swamps had formed, especially in an area located between present-day Sicily and Greece.

The Ario-Celtics knew this region perfectly and established their kingdom there, called Minota. A Great Initiate was this subrace's leader and defender. The Ario-Celtics drew the Ario-Iranians into this area, and because the latter were ignorant of the dangers that lay in wait for them, they perished by the thousands.

The myths of the Minotaur and the Labyrinth arose from these events.

Despite all this, the ever more numerous Ario-Iranians ended up prevailing over the Ario-Celtics, burning their cities and overpowering their women. The glorious Ario-Teutonic subrace arose from the union between the Ario-Iranians and the Ario-Celtics. This new subrace would destroy the Atlanteans completely.

THE BIRTH OF THE ARIO-TEUTONIC SUBRACE

Fourteenth Teaching

The Aryans were born for war.

The war with the Atlanteans, the so-called “The Thousand and Five Hundred Years War”, was beginning.

The change in the position of the Earth's axis allowed the Aryans to completely defeat the Atlanteans, who finally disappeared from the Earth.

Both the Ario-Celtics and the last remnants of Ario-Iranians noticeably degenerated during this period. This may have been due to their intermixing, as well as to the 1,500-year struggle with the Atlanteans. As a result, the newly-born Ario-Teutonic subrace, which was later to be so beautiful, was very imperfect in its beginnings.

The first Ario-Teutonics had a horrible appearance. The melding of Ario-Celtics and Atlanteans brought about a natural failure of the pituitary gland.

It is valid to claim that they were all acromegalic, with a small skull, big jaws, sunken eyes, prominent cheekbones, thick lips, and very large hands and feet. Their mental faculties were underdeveloped. They lived in a semi-savage state, like true cavemen from the Stone Age.

It seemed like the ancient greatness and splendor of the Aryan Race was over. But as nothing perishes, neither did that greatness and culture. The power to reason, specific to the Aryans, was like a seed in the heart of these people—a seed that would sprout with extraordinary strength.

The geographical changes that took place in those times were the following:

The Frozen Sea disappeared, leaving a desert of ice and snow in its place.

The main great rivers became smaller due to their branching and dividing.

Eterias Island, already joined towards the North with the continent, gradually adopted the shape of the current Italian peninsula up to the Campania region.

Greece, Macedonia and Ukraine also stopped being islands by joining the cold continent.

The large, central Mediterranean island gradually disappeared under the waters, leaving behind a small island that split into two, with the Iberian part uniting with the Celtic region.

Free of great volcanic chains, the African coast was a fertile, beautiful and promising land, very different from the present desert. This land was furrowed with rivers that flowed from the great river, the present-day Nile. There were large islands with beautiful vegetation nearby.

The early Ario-Teutonics who evolved more rapidly settled here. The more backward ones lived in the north, in Italy, Greece and Iberia.

DEVELOPMENT OF THE ARIO-TEUTONIC SUBRACE

Fifteenth Teaching

The Ario-Teutonic subrace established races and nations 25,000 years ago. They always confined themselves to the African continent. Of course, Solar Initiates of the Second Category always guided them.

At that time, there was a great lake in the center of Africa, perhaps where the present-day Congo basin lies.

A civilization of several peoples with brown complexion arose in that area. They were called the Tamirafik. They developed a great culture, and evolved spiritually, though this spiritual evolution was based on reason.

They were people who lived in community, something like the Spartans. They had no knowledge of money.

Their most precious gifts were physical development and the art of thinking.

They lived isolated from the other numerous people who inhabited the continent, and they were afraid of adopting their ideas because they considered them to be impure.

At this time, Africa did not have the wild aspect it has today, and its climate was milder.

It is a noteworthy fact that none of these people were destroyed. They gradually disappeared due to the physical weakening of the inhabitants, the encroachment of the desert, and the weather changes brought about by hot marine currents, along with other similar causes.

One might say that the Lacedaemonians were the final expression of these early Ario-Teutonic subrace.

The Egyptians were not direct descendants of these Ario-Teutonic subrace; instead, they were a mixture of descendants from the previous subraces. We could say that they were the heirs of the Atlantean-Turanians and the Ario-Teutonics who civilized the center of Asia, and who, 15,000 years ago, established themselves in the Nile Valley.

Another Ario-Teutonic column spread out over the various regions of Asia, founding towns and nations. The most outstanding of them was established 15,000 years ago in India.

These light-complexioned Ario-Teutonics lived differently from those who resided in the center of Africa. They lived separately, in clans or nomadic tribes, seeking pasture for their herds.

They were very resilient. They could endure all kinds of deprivation and the worst climates.

When they settled down, they established millennial nations, perhaps the oldest in the world. Their existence could probably be proved historically.

The Ario-Teutonics with the most racial mix were black-complexioned. They lived on rather small islands in the Indian and Atlantic Oceans, not far from South Africa. They were brutally persecuted by the other Ario-Teutonics, who considered it a sacred duty to kill them, just as the Spartans killed the Helots. The Ario-Teutonics believed they received heavenly favors for their actions.

As a result, these black-complexioned Ario-Teutonics were in constant flight. By traveling from island to island, they eventually established themselves in America. Their union with the Ario-Teutonics already settled in America formed what we could call the red-complexioned race.

This blended people reached an advanced level of civilization. The Conquistadores in Mexico had thorough testimony of this.

The Ario-Teutonics who migrated to Malaysia also established a great civilization: the people of yellow complexion.

THE EARLY ARIO-TEUTONIC SUBRACE

Sixteenth Teaching

We should not assume that when a subrace develops, as has been described in this Course, the rest of the Earth is left uninhabited.

When the remnants of earlier subraces did not disappear, they survived or were restored with varying success. However, they were always eventually conquered and assimilated by the dominant subrace.

When the era of the Ario-Teutonic subrace began, its members scattered across Northern Africa and Southern Europe. And, after wars and migrations, they blended with other types and reached the heart of Asia.

They gradually improved themselves over ten thousand years, until they attained a body exactly like that of modern human beings.

The inhabitants of Northern Africa evolved remarkably, and they spread their civilization all over Southern Europe and Northeastern America, blending with the other earlier Ario-Teutonics living in Greece, Italy and Iberia.

But the ones who settled in India some 15,000 years ago improved the most.

All these Ario-Teutonic peoples were already divided into five predominant types: Black, Brown, Red, Yellow and White. They lived approximately in the geographical places they occupy today: the Black, on now vanished islands bordering Africa; the Brown, in Central and Northern Africa; the Red, in nascent America; the Yellow, in Malaysia; and the White, in the South of Europe and Asia.